

राजस्थान नर्सिंग कौंसिल, जयपुर  
बी-39, सरदार पटेल मार्ग, सी-स्कीम,  
जयपुर-302001, राजस्थान



Rajasthan Nursing Council, Jaipur  
B-39, Sardar Patel Marg, C-Scheme,  
Jaipur - 302001, Rajasthan

राजस्थान सरकार  
Government of Rajasthan

No. 87

Dated: 20.6.25

## Circular

Sub.:- Celebration of 11<sup>th</sup> International Day of Yoga on 21.06.2025 reg.

With reference to the subject cited above, please find enclosed herewith D.O.No. M11030 /18/2025-YN dated 05-06-2025 the Ministry of AYUSH, regarding nationwide campaign for the 11<sup>th</sup> International Day of Yoga (IDY) to be celebrated on 21<sup>st</sup> June 2025. Under the unifying theme "Goga for One Earth, One Health."

In this connection you are requested to kindly:

- Register your organization without fail for the IDY 2025 using the QR code or as per the link here: <http://yoga.ayush.gov.in/yoga-sangam>.
- Share the relevant material on your official social media platforms under domain ([https://drive.google.com/drive/mu2pIln\(\)mixGOyUyPHX3BtIoblime](https://drive.google.com/drive/mu2pIln()mixGOyUyPHX3BtIoblime)).
- Nursing Institutions to ensure wide participation of all platform of all nursing students, trainee nursing Officers and Nursing Faculty in successful celebration of IDY 2025 and contribute in promoting the message of Yoga.

Further action taken report may be submitted to Ministry of AYUSH directly under intimation to this Institute.

(Come and be a part of the celebration of #IDY2025.)

  
(Joice Kurian)

Registrar  
Rajasthan Nursing Council,  
Jaipur

Dated: 20.6.25

No. 87

Copy to :-

- 1-Secretary Indian Nursing council New Delhi.
- 2.All Principal Govt/Private Nursing College/School Rajasthan.
- 3.RNC Website.

  
Registrar

Rajasthan Nursing Council,  
Jaipur

राजेश कोटेचा  
Secretary  
Rajesh Kotecha  
Secretary



आयुष मंत्रालय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,  
आई.एन.ए. नई दिल्ली-110023  
Government of India  
Ministry of Ayush  
Ayush Bhawan, B-Block, GPO Complex,  
INA, New Delhi-110023  
Tel: 011-24651818; Fax: 011-24651827  
E-mail: ayush@ayush.gov.in

Dear colleague,

D.O.No.M-11030/18/2025-YN  
05<sup>th</sup> June, 2025

As you are aware, Ministry of Ayush is leading the nationwide campaign for the 11<sup>th</sup> International Day of Yoga (IDY) to be celebrated on 21<sup>st</sup> June 2025, under the unifying theme "Yoga for One Earth, One Health."

In continuation of our collective efforts to maximise outreach and engagement, the Ministry has curated a comprehensive set of creative materials, social media posts, banners, videos, logos, and infographics highlighting various aspects of Yoga and the IDY 2025 campaign. These have been compiled and are accessible through the following Google Drive link:

[https://drive.google.com/drive/u/0/folders/1iT9Jy4HSBpkdn\\_eXatOczeFosWL\\_Ukmpw](https://drive.google.com/drive/u/0/folders/1iT9Jy4HSBpkdn_eXatOczeFosWL_Ukmpw)

In this regard, I request your esteemed Ministry/Department to kindly:

1. Share the relevant materials on your official social media platforms (Twitter, Facebook, Instagram, YouTube, etc.).
2. Encourage affiliated institutions and stakeholders to amplify this content and contribute to a Whole-of-Government approach in promoting the message of Yoga.

Your support will go a long way in making the International Day of Yoga a truly people-centric and participative celebration.

I shall be grateful for your kind cooperation.

With regards,

Yours sincerely,

(Rajesh Kotecha)

To,

All Secretaries of all Ministries/ Departments.

## Standard Operating Procedure (SOP) for Organising 'Yoga Sangam' event

Ministry of Ayush | International Day of Yoga (IDY) 2025

### Flagship Signature Event: Yoga Sangam

#### Purpose

The SOP provides comprehensive guidelines to event organisers for the successful planning, management, and documentation of the 'Yoga Sangam' event. This is an indicative SOP and all guidelines are not mandated. Organisations may adapt according to the local safety, health guidelines and other procedural requirements.

#### Event Details

International Day of Yoga (IDY) has successfully completed a decade, and in 2025, we are celebrating the 11th IDY in a truly global and inclusive manner. 'Yoga Sangam' is the flagship Signature Event of IDY-2025. Other nine IDY Signature Events are designed to add to the buildup of Yoga Sangam.

'Yoga Sangam' will feature mass yoga demonstration at 1,00,000 locations across India on 21st June 2025 from 6:30 AM – 7:45 AM (6:30 to 7AM: Event preparation and 7 to 7:45AM: Common Yoga Protocol demonstration). It aims to expand yoga's grassroots reach and ensure that everyone can access its benefits. Taking place on 21<sup>st</sup> June 2025, it will be a groundbreaking initiative unfolding a synchronised, yet distributed mass yoga demonstration at 1,00,000 locations across India.

#### Scope

This SOP applies to all partner organizations, including Government organisations, educational institutions, private entities, Resident Welfare Associations (RWAs), NGOs, community groups, and other parties conducting 'Yoga Sangam' event across India.

#### Objectives of Yoga Sangam

- **National Integration:** By bringing together participants from diverse backgrounds, regions, and cultures, Yoga Sangam will foster national unity and societal harmony.
- **Health and Wellness:** The event will inspire people to incorporate yoga into daily life, enhancing the nation's overall health and wellness.
- **Cultural Heritage:** Celebrating India's rich legacy, Yoga Sangam will reinforce the country's role as the global focal point of yoga.
- **Awareness and Accessibility:** Yoga Sangam is dedicated to promoting yoga's benefits and ensuring it is accessible to all, regardless of socio-economic status.

## Pre-Event Activities

Activity	Description
Registration	<ul style="list-style-type: none"> <li>Register for the event as organisers on the Yoga portal (<a href="https://yoga.ayush.gov.in/yoga-sangam">https://yoga.ayush.gov.in/yoga-sangam</a>) and submit all necessary information</li> </ul>
Overall Co-ordination	<ul style="list-style-type: none"> <li>Coordinate with local authorities (if required) for organising the event</li> <li>Finalise the list of participants for the event</li> <li>Send special invites to chief guests, if required</li> </ul>
Venue and Event Planning	<ul style="list-style-type: none"> <li>Finalise medium to large sized venue with green spaces</li> <li>Clean sweep venue before the event</li> <li>Ensure branding of the venue as per guidelines issued by the Ministry of Ayush</li> <li>Partner with a trained/certified yoga instructor to lead others in Common Yoga Protocol (CYP). You can reach out to institutions like Ayushman Arogya Mandir (AAM), International Yoga Association (IYA), and Yoga Certification Board (YCB) for support on training on CYP.</li> <li>Ensure provisions for drinking water, first aid support, and emergency response</li> </ul>
Social media	<ul style="list-style-type: none"> <li>Share the registration message - "We are happy to share that we have registered to organise the 'Yoga Sangam' as part of #IDY2025. You can also become a 'Yoga Sangam' organiser by visiting <a href="https://yoga.ayush.gov.in/yoga-sangam">https://yoga.ayush.gov.in/yoga-sangam</a> and be a part of this movement #YogaforOneEarthOneHealth"</li> <li>Follow the social media channels of the Ministry of Ayush-               <ol style="list-style-type: none"> <li>Instagram: <a href="https://www.instagram.com/ministryofayush/">https://www.instagram.com/ministryofayush/</a></li> <li>Facebook: <a href="https://www.facebook.com/moayush/">https://www.facebook.com/moayush/</a></li> <li>X : <a href="https://x.com/moayush/">https://x.com/moayush/</a></li> <li>YouTube: <a href="https://www.youtube.com/@MinistryofAyushofficial">https://www.youtube.com/@MinistryofAyushofficial</a></li> </ol> </li> </ul>

## Activities on event day (6:30 AM – 7:00 AM, 21<sup>st</sup> June 2025)

Activity	Description
Distribute Yoga Kits	<ul style="list-style-type: none"> <li>Distribute yoga accessories (such as yoga mats, caps, etc) to participants – if applicable</li> </ul>
Opening Session	<ul style="list-style-type: none"> <li>Deliver a welcome speech and offer a brief overview of IDY vision and the structure of the event.</li> <li>Request the chief guests to deliver a message, as deemed appropriate</li> <li>Conduct live streaming of Honourable Prime Minister's address</li> </ul>
Participant Assembly	<ul style="list-style-type: none"> <li>Group participants with appropriate physical distancing</li> </ul>

### Activities on event day (7:00 AM – 7:45 AM, 21<sup>st</sup> June 2025)

Activity	Description
Yoga Session	Conduct yoga as per the CYP at the venue from 7 AM – 7:45 AM.
Photography	Capture videos, photos
Social media	Live stream the event and share photos on social media channels
Closing Session	Deliver a gratitude speech and thank chief guests and participants for their support and association

### Post-Event Activities

Activity	Description
Post-event cleaning	Ensure that the location is cleared after the event and waste, if any, is managed sustainably
Post-event survey	Upload event details such as the number of participants and images on the Yoga portal (yoga.ayush.gov.in)
Social media	Upload photos, videos, reels on social media channels

### Support from the Ministry of Ayush

- Provision of official branding guidelines.
- Online training material on Common Yoga Protocol.
- Digital promotion through official platforms, as applicable.
- Coordination support from AAM, IYA, and YCB, as appropriate.

Certificates will be awarded to the organisers in recognition of their successful execution of the 'Yoga Sangam' event.

*(For further information or clarifications, you may write to us at [idy.coordination@gov.in](mailto:idy.coordination@gov.in).)*